

October is Mi'kmaq
Heritage Month



October Newsletter

Sunnyside Elementary School

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Up-Coming Dates

- Sept. 30--National Truth and Reconciliation Day--no school
- Oct. 4--Terry Fox Run
- Oct. 5--Picture orders due
- Oct. 10--Thanksgiving--no school
- Oct. 12--SAC meeting
- Oct. 13--HSA meeting
- Oct. 25--Picture Retake Day
- Oct. 27--Hallowe'en Family Dance
- Oct. 28--PD Day--no school for students
- Oct. 31--Hallowe'en

Principal's Message

September has been an eventful month in Nova Scotia and we hope that everyone is faring well after the big storm last weekend. We were very excited to welcome our students back this week and are hoping for calmer days ahead.

It was a pleasure to see everyone who was able to turn out for our Curriculum Night event last evening. The collaboration between families and school is essential to the success of our students and we look forward to continuing to work with you throughout the year. It's great to see families back in the building after such a long absence.

The new playground installation is coming along. Here's what it looks like right now. We are eagerly awaiting its completion so we can start playing on it.

October is Mi'kmaq Heritage Month and we look forward to all the learning we will be doing about the Mi'kmaq in Canada.



Students have been learning about Residential Schools and the significance of Orange Shirt Day. Today students and staff wore orange in remembrance of the children who were sent to Residential Schools. We have also been learning about Treaty Day, which is on October 1st in Nova Scotia. They learned about the Mi'kmaq flag seen here and many classes are empathizing with Residential School students by discussing how students should feel in school.



Today we held an assembly for National Truth and Reconciliation Day at Eaglewood where some of our classes presented poems and taught the school about our land acknowledgement, Netukulimk and how students should feel at school. Thanks to all the students for their hard work. At Fort Sackville, Ms. Thompson and Mrs. MacDonald read a book about Orange Shirt Day to the classes.

Terry Fox Run National School Run Day Oct. 4

On Tuesday, October 4 students at Sunnyside Elementary School will be participating in our Terry Fox Run 2022. Students will have the opportunity to walk or run around the school field for 30 minutes. Grades 3/4 through 6 will walk or run from 1:20 to 1:50. Students in grades pre-primary through 3 will walk or run from 2:00 to 2:30.

When Terry Fox started his run many years ago his wish was to have every Canadian donate \$1.00. To help raise funds for the Terry Fox Foundation, each family can make a donation if they choose. You may send it to the classroom teacher marked "Terry Fox".

Thanks for supporting the Terry Fox Foundation!

Home and School News

The Home and School are already quite busy organizing events for our school. Thanks to them, we will be having Pizza Day on Oct. 14th. You can order your child pizza through School Cash Online. No cash orders can be accepted. Please order by Oct. 12th. We will need volunteers to help distribute the pizzas at both sites on Oct. 14th. If you are able to help out, and have your volunteer paperwork completed and on-file in the office, please sign up on this google link:

https://docs.google.com/forms/d/e/1FAIpQLSfzjcmiHGdR866EBhXzHAHQLPups1wOMhvNuIXCwLd_GbfJXA/viewform?usp=sf_link

We are also excited to announce that we will be holding a Family Hallowe'en Dance on Oct. 27th. We will be planning this event at our next HSA meeting: Oct. 13 at 6:30 pm in the school library. All parents/guardians are welcome to attend our HSA meetings.

Outdoor Play

Playing and physical activity is an important part of education. At Sunnyside, we encourage students to get outside, and play with their peers at multiple times during the day, including recesses, lunch and outdoor learning opportunities. As the weather begins to get colder, please ensure that students are dressed appropriately for the weather each day. We go outside unless it is raining very hard or extremely cold. Students cannot stay inside when their class goes out as we do not have supervision for them. You may also wish to tuck a change of clothes in your child's backpack in case they get wet or muddy while playing outside.

School Advisory Council (SAC)

The SAC is a group of parents, staff and community members who act in an advisory capacity to the school principal and Regional Centre of Education on a range of issues related to the school and school system. SACs play an important role in supporting student success at the school community level. The SAC advises the school on how to spend the annual SAC grant to support student success in literacy, math and well-being. Our next SAC meeting will be held on Oct. 12 via Zoom. All parents/guardians are welcome at SAC meetings. If you would like the link to attend, please let Ms. Thompson know (cthompson@hrce.ca).

Volunteers

Volunteers are an important part of the Sunnyside Elementary team. If you are interested in volunteering at school, we need to have a recent (within 6 months) Criminal Records Check (with Vulnerable Sector Check) and Child Abuse Registry on file in the office. We are able to provide you with a letter from the office to reduce the price of the Criminal Records Check with Halifax Police/RCMP. Contact Ms. Tricia if you would like a copy of this letter.

Nourish Your Roots

Nourish Your Roots, the farm-to-school healthy fundraiser, is coming to Sunnyside Elementary! Boxes contain farm-fresh Nova Scotia grown produce and they are \$38 each. The money raised will directly support and help sustain our school's healthy food programs.

Orders and payment are due to the school (via SchoolCash Online) by Monday, October 24th.

Orders can be picked up at our school on Wednesday, November 2nd.

For more information, please contact the HSA at sunnysidehsa@gmail.com

School Pictures

The deadline to order school photos has been extended until Oct. 5th. Please have all orders in by then. Retakes will be on Oct. 25th.

Safe Dismissal

Please send teachers a note if there is a change to your child's dismissal procedure (ie, someone different is picking your child up, they are going home with a friend, etc.) This allows us to ensure that children are getting safely to their after school place.



Students in 5/6 Rohland are collaborating. They are learning how working as a group can help them solve math problems.

Reminders

- Do not send nut or peanut products to school
- Be cautious when dropping off your children at school to make sure that all students arrive safely.
- Respect "No Parking" and "No Stopping" signs when dropping off and picking up your students.



5/6 Sutherland have a great way to build community in the classroom. "Tech Free Tuesday" is where they dedicate half an hour to learning a new game with a new friend.

Breakfast For Learning

We have begun our breakfast program at school. Grab and go tables are set up by the front entrance of the schools and all students are welcome to participate in the breakfast program. Currently options for breakfast may include fresh fruit (apples, bananas, oranges), yogurt tubes, cheese strings, granola bars and whole grain crackers. We are fortunate to be able to provide this opportunity to our students from healthy breakfast grants.