## Child & Adolescent Anxiety

## Parent/Guardian Talk

Join us at Sunnyside Elementary, Eaglewood site, for an informative and engaging session with **Dr. Daniel Chorney** as he presents:

"Child and Adolescent Anxiety: What Parents Can Do"

## Key Topics:

- What anxiety is (and is not)
- Evidence-based treatment strategies
- Effective parenting strategies

**<u>Date</u>**: November 14

**Time**: 6:00 PM

**Location**: Sunnyside Elementary 210 Eaglewood Drive **Note**: This event is for adults only. Topics covered are not

appropriate for children.

## Why Attend?

- Gain valuable insights into the signs and symptoms of anxiety in young people.
- Learn practical strategies to support your child through their anxiety.
- Connect with other parents and share experiences.

Don't miss this opportunity to empower yourself with knowledge and tools to help your child thrive. We look forward to seeing you there!